

**EMER CASEY MEMORIAL 10K LONDON RUN 2012 – 28 OCTOBER 2012  
IN BROCKWELL PARK, HERNE HILL**

**FINAL RESULTS**

**PRIZEWINNERS ARE LISTED BELOW. THE EMER CASEY FOUNDATION IS  
GRATEFUL TO THE FLORENCE IN HERNE HILL FOR  
SPONSORING THE WINNERS' MEDALS.**

|    |     | NAME              | CATEGORY | CLUB                       | TIME  |
|----|-----|-------------------|----------|----------------------------|-------|
| 1  | 114 | ABDI MADAR        | SM       | NEWHAM AND ESSEX BEAGLES   | 32:03 |
| 2  | 74  | JAMAL MOHAMMED    | SM       | VICTORIA PARK HARRIERS     | 32:36 |
| 3  | 52  | JAMES DAVIES      | SM       | HERCULES WIMBLEDON         | 33:13 |
| 4  | 108 | LASCELLES HUSSEY  | U17M     | HERNE HILL HARRIERS        | 35:11 |
| 5  | 45  | JONATHAN PHILLIPS | SM       | HERNE HILL HARRIERS        | 35:34 |
| 6  | 24  | STEVEN ARTIST     | SM       | LONDON FRONTRUNNERS        | 36:24 |
| 7  | 32  | COLIN BAILEY-WOOD | M50      | DULWICH RUNNERS            | 38:07 |
| 8  | 125 | JAMES IRESON      | SM       |                            | 38:43 |
| 9  | 106 | NIKKI STURZAKER   | W35      | HERNE HILL HARRIERS        | 38:46 |
| 10 | 111 | RICHARD PATES     | SM       |                            | 38:53 |
| 11 | 131 | GEORGE BISDAS     | SM       | POSEIDON LOUTRAKI          | 39:16 |
| 12 | 102 | MATTHEW TAYLOR    | M50      |                            | 39:36 |
| 13 | 67  | FERGUS WORTHY     | SM       |                            | 39:50 |
| 14 | 105 | RUPERT MAINWARING | SM       | HERNE HILL HARRIERS        | 39:54 |
| 15 | 137 | SELWYN SMITH      | SM       | CRYSTAL PALACE TRIATHLETES | 39:56 |
| 16 | 78  | JONATHAN BARCLAY  | SM       |                            | 40:26 |
| 17 | 70  | JEREMY AGNEW      | SM       |                            | 40:52 |
| 18 | 19  | CHRIS KAY         | SM       |                            | 41:02 |
| 19 | 76  | JO REEVE          | SW       |                            | 41:13 |
| 20 | 127 | ALFUNSO CARDENA   | SM       |                            | 41:24 |
| 21 | 71  | SILAS SPENCER     | M40      | VETS AC                    | 41:25 |
| 22 | 3   | ALISTAIR HUGGETT  | M50      |                            | 42:04 |
| 23 | 112 | NICKY ST CLAIR    | SW       | HERNE HILL HARRIERS        | 42:15 |
| 24 | 82  | ANDREW SIMMS      | M40      |                            | 42:23 |
| 25 | 136 | GAEL UMAND        | SM       |                            | 42:37 |
| 26 | 6   | NEIL COLQUHOUN    | SM       |                            | 42:49 |
| 27 | 27  | CHRISTIAN GILBERT | SM       |                            | 42:50 |
| 28 | 135 | HAYLEY COOK       | SW       | HERNE HILL HARRIERS        | 42:59 |
| 29 | 60  | SCOTT SPRINGETT   | M40      |                            | 43:27 |
| 30 | 92  | PIERS REYNOLDS    | SM       |                            | 43:53 |
| 31 | 81  | GIOVANNI BRESCIA  | SM       |                            | 44:08 |
| 32 | 119 | MOHSIN HARHARA    | M40      | CROYDON HARRIERS           | 44:16 |
| 33 | 126 | THOMAS DAVIE      | SM       |                            | 44:31 |
| 34 | 4   | JOANNE GERAGHTY   | W35      |                            | 44:34 |
| 35 | 64  | BETHZABE PALMA    | SW       |                            | 44:39 |
| 36 | 129 | DUNCAN WILSON     | SM       | DULWICH RUNNERS            | 44:46 |
| 37 | 59  | PAUL KELLY        | SM       |                            | 44:51 |
| 38 | 113 | SUSAN CASEY       | W40      | YOUGHAL AC                 | 44:54 |
| 39 | 5   | MARCUS WENDT      | SM       |                            | 45:33 |
| 40 | 123 | DAVID MCSWEENEY   | SM       |                            | 45:53 |
| 41 | 28  | LAURA GRANTHAM    | SW       |                            | 46:06 |
| 42 | 87  | JEAN-LUC HOEZ     | SM       | SERPENTINE RC              | 46:12 |
| 43 | 68  | DAVID BIRCHBY     | SM       |                            | 46:13 |

|    |     |                          |      |                               |       |
|----|-----|--------------------------|------|-------------------------------|-------|
| 44 | 57  | LAURA TOAL               | SW   | HERNE HILL HARRIERS           | 46:34 |
| 45 | 120 | STEVEN MCEWEN            | SM   |                               | 46:55 |
| 46 | 66  | KIM SCARFE               | SW   |                               | 46:57 |
| 47 | 14  | SARAH ALLEN              | W40  | HERNE HILL HARRIERS           | 47:03 |
| 48 | 40  | SIMONE DEL PRETE         | SM   |                               | 47:07 |
| 49 | 46  | MARK THOMAS              | SM   |                               | 47:11 |
| 50 | 9   | DAVID NELSON             | SM   |                               | 47:15 |
| 51 | 31  | ASHLEY STEARN            | SM   |                               | 47:21 |
| 52 | 107 | MARTIN SIMM              | SM   |                               | 47:26 |
| 53 | 121 | TOM MCGLEW               | M40  |                               | 47:42 |
| 54 | 30  | NEALE YOUNG              |      |                               | 47:50 |
| 55 | 23  | ANUJ KUMAR               | SM   |                               | 47:55 |
| 56 | 25  | ANGEL WONG               | SW   |                               | 47:55 |
| 57 | 29  | SIMON VINEY              | SM   |                               | 48:07 |
| 58 | 84  | MAHFUZ MIAH              | SM   |                               | 48:07 |
| 59 | 103 | GARETH GORDON-<br>WILKIN | M50  |                               | 48:09 |
| 60 | 43  | EIMEAR CURTIN            | SW   |                               | 48:32 |
| 61 | 138 | KIRSTEN SMITH            | SW   | CRYSTAL PALACE<br>TRIATHLETES | 48:33 |
| 62 | 44  | NATALIE GRAY             | SW   |                               | 48:37 |
| 63 | 73  | VANESSA LENAHAM          | SW   |                               | 49:04 |
| 64 | 77  | HUGH HURLEY              | SM   |                               | 49:35 |
| 65 | 65  | PETER VEALE              | M40  |                               | 49:36 |
| 66 | 41  | PATRICK CONI             | SM   |                               | 49:39 |
| 67 | 36  | HOLLIE GRANTHAM          | SW   |                               | 49:41 |
| 68 | 51  | MAX MENA                 | U17M |                               | 49:56 |
| 69 | 93  | CAMILLA GRAHAM           | SW   | MAYER BROWN RUNNING<br>CLUB   | 49:59 |
| 70 | 110 | INNS VAN ROOYEN          | SM   |                               | 50:05 |
| 71 | 86  | BEN HIRD                 | SM   |                               | 50:08 |
| 72 | 88  | HENRI CONRADIE           | SM   |                               | 50:13 |
| 73 | 104 | GLENN BURNIP             | M50  | HERNE HILL HARRIERS           | 50:20 |
| 74 | 39  | ANGELINA STORTI          | W35  |                               | 50:41 |
| 75 | 124 | TIM LONG                 | SM   |                               | 51:04 |
| 76 | 72  | LYN DAVIES               | W50  |                               | 51:07 |
| 77 | 75  | RICHARD BYRNE            | M50  |                               | 51:35 |
| 78 | 118 | BRENDAN LONG             | SM   |                               | 51:42 |
| 79 | 80  | ASIM MUNIR               | SM   |                               | 51:51 |
| 80 | 62  | RICHARD SOPF             | SM   |                               | 51:53 |
| 81 | 101 | ROISAINÉ HAMILL          | SW   |                               | 52:39 |
| 82 | 91  | SALMA DANESHMAND         | SW   |                               | 52:39 |
| 83 | 26  | STEFAN KISYOV            | SM   |                               | 52:39 |
| 84 | 89  | FRANCESCO DEL<br>SINDACO | M50  |                               | 53:57 |
| 85 | 18  | YOKO KIJIMA              | W40  |                               | 54:03 |
| 86 | 116 | JANICE PEARCE            | W50  |                               | 54:14 |
| 87 | 90  | EDWIN BARTLETT           | M60  | VETS AC                       | 54:32 |
| 88 | 115 | JULIETTE CASEY           | W40  |                               | 55:00 |
| 89 | 128 | DAVID BERCIOY            | M50  |                               | 55:20 |
| 90 | 69  | PHOEBE MCDONALD          | SW   |                               | 55:46 |
| 91 | 130 | N GOODWIN                | M50  | HERNE HILL HARRIERS           | 55:54 |
| 92 | 22  | HELEN RUNYARD            | SW   |                               | 56:38 |
| 93 | 12  | BRYONY BROMFIELD         | SW   | CLAPHAM CHASERS               | 56:48 |
| 94 | 13  | GEORGINA AUTERSON        | SW   |                               | 56:48 |

|     |     |                 |     |                      |       |
|-----|-----|-----------------|-----|----------------------|-------|
| 95  | 15  | DAN BARRY       | SM  |                      | 56:56 |
| 96  | 100 | DAVID BROOKS    | M70 | VETS AC              | 58:02 |
| 97  | 132 | OLGA BEICIARI   | W40 | POSEIDON LOUTRAKI    | 58:25 |
| 98  | 141 | NIALL KEANE     | SM  |                      | 58:55 |
| 99  | 56  | REGINA MCENROY  | SW  |                      | 59:19 |
| 100 | 140 | PATRICIA FALLON | SW  |                      | 60:18 |
| 101 | 34  | ANDREW DOHERTY  | SM  |                      | 61:40 |
| 102 | 47  | CLAIRE WALSH    | W35 |                      | 61:48 |
| 103 | 109 | RISHAD AZIZ     | SM  |                      | 62:20 |
| 104 | 61  | BRETT HORTON    | SM  |                      | 63:52 |
| 105 | 139 | KATE MCGOUGH    | SW  |                      | 63:54 |
| 106 | 117 | LUCY COLLINS    | SW  |                      | 63:55 |
| 107 | 58  | KAREN GEARY     | SW  | DULWICH PARK RUNNERS | 66:12 |
| 108 | 53  | SUZY HART       | SW  |                      | 76:40 |
| 109 | 54  | NEIL GLENISTER  | SM  |                      | 76:40 |

Prize Winners:

Men:

1. Abdi Madhar
2. Jamal Mohammed
3. James Davies

Leading Vet: Colin Bailey-Wood

Team Prize: Herne Hill Harriers

Women:

1. Nikki Sturzaker
2. Jo Reeve
3. Nicky St Clair

Leading Vet: Joanne Geraghty

Team Prize: Herne Hill Harriers